

MEEC TN State Fair Program

Saturday Sept. 10th & Monday Sept. 12th

5:00-5:20 Opening Drill Team/Meet and Greet the Horses

& Team Need A Hand Riders

5:20-6:00 Riding Basics 101

-Learn about the different disciplines taught at Meridian Equine Education Center from spinning a Reiner, jumping the Hunter to the adult Beginner enjoying the leisurely trail ride. During these riding demos our Head Instructor and Director of Education will discuss proper riding position, balance, and form to function. Showing that while each discipline is unique the foundation of correct riding is the same.

6:00-6:15 Equine Assisted Activities and Therapy Demo

-What is an equine assisted program and what are the benefits? Meridian's Director of EAAT will give you a brief synopsis of what our therapy program is about and how it benefits its riders along with demonstrations on some of the riding activities used to increase students physical and mental wellbeing.

6:15-7:00 Groundwork "the Brick and Mortar to your training"

-In our Groundwork Demo we will discuss horse behavior and how groundwork can help you communicate better with your horse. Learn exercises that will help you gain control of your horse's feet and mind leading to better success in the saddle.

7:00-7:30 Spooky Pony!

-Watch our demonstration on how to help your horse overcome his fear of scary objects. From fly spray to crossing water learn the steps to take that will set you and your horse up for success.

7:45-8:00 Drill Team Finale



Tuesday Sept. 13th Field Trip Day

Stop by our Mystery Item Booth and learn about proper horse care and the things we use to care for our horses! Next go to our game show booth and play our Horse Trivia testing your knowledge! And your last stop of course is to meet the famous *Zack Attack* where you will get to learn about how he teaches his riders to be Ninjas in the saddle